
Our Feet Walk The Sky Women Of The South Asian Diaspora

why people with diabetes need to take care of their feet - need to take care of our feet! for example.... if your feet get too hot, such as with the use of a hot water bottle or stepping into hot water, your feet can suffer a burn and you will not feel it. you may not feel injuries, such as blisters developing, if your shoes are too tight. you may not feel anything when you step on a sharp object. you can damage your feet and not even know it. need to ... **fundraising rewards - ms society** - exception of the ms walk t-shirt and the elite feet club bonus items. all apparel items are in unisex sizes. rewards are based on individual totals and not team totals. we know you're not in it for the rewards, but when you fundraise for ms walk, you become eligible to receive one of our fundraising rewards! ms walk participants who raise \$10,000 or more will have a chance to join other top ... **your home safety checklist - winnipeg regional health ...** - staying on y our feet 4 taking steps to prevent falls bathroom yes no 1 are your lights bright enough for you to see clearly? 2 is your bathroom floor slip-resistant, even when wet? **take care of your feet for a lifetime** - walk barefoot when indoors or outside. it is easy to step on something and hurt your feet. you may not feel any pain and not know that you hurt yourself. u make sure you wear socks, stockings, or nylons with your shoes to keep from getting blisters and sores. u choose clean, lightly padded socks that fit . well. socks that have no seams are best. u. check inside your shoes before you put them ... **walk 'the 400' gallery - collingwood** - our beautiful waterfront. the gallery is located along the waterfront promenade at the end of hurontario street and is named after a road within the collingwood shipyards that was once nicknamed 'the 400' to describe the daily flow of workers and shipbuilding materials that travelled its length. 'the 400' ran parallel to today's promenade, directly beneath the yard's cranes that ... **luke 13 - strive to enter through the narrow gate - iinet** - if our feet do not walk straight, we are in no time off the road. yes, the road to life is straight and narrow. our lord jesus repeats and confirms the same teaching here in our text. i will now proclaim god's word to you with the theme: strive to enter through the narrow gate. we will note... 1. that few will be saved 2. that there is a struggle to enter the kingdom 3. that many will seek ... **take action to prevent falls - winnipeg regional health ...** - 7 staying on y our feet taking steps to prevent falls improve your balance & stay active when it comes to preventing falls, balance exercise is particularly important. **about yarning circles - scu** - to each other and all other entities through the ground upon which our feet walk daily. thus, we have rights and responsibilities with regard to nurturing the quality of these relationships. to this end, the quality of the contexts in which our teaching and learning is conducted needs our careful care and attention. inside every human being is their core of humanness.7 country speaks to this ...

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